VITALITY ESSENTIAL™ NUTRITION PACK FAQS

How does the Vitality Essential Nutrition Pack help you?

The Vitality Essential Nutrition Pack was created for those who want the foundation of essential nutrition provided by Melaleuca’s exclusive Oligo® mineral absorption technology. It delivers basic nutrition that promotes daily energy and well-being, antioxidant protection, digestive health, healthy inflammation response, and heart health.*

Why did you remove the Vitality Calcium Complete® from the packs?

Based on recent research, Melaleuca determined that many people are meeting their calcium needs already from their diets. Plus, Vitality Multivitamin & Mineral™, included in each Peak Performance Pack, already provides 250 mg of calcium. Melaleuca has decided to replace Vitality Calcium Complete with CardiOmega EPA™, which provides heart-healthy benefits that are in higher demand.*

Vitality Calcium Complete is still available as part of Peak Performance Bone & Joint, and is available as a separate supplement for anyone desiring additional calcium.

What is the difference between the Vitality Essential Nutrition Pack and the Essential Daily Nutrition Bundle?


I have been taking the Vitality 4® pack. Will I still be able to purchase that pack?

The Vitality 4 Essentials pack will only be available while supplies last, for a limited time only.

Does the Vitality Essential Nutrition Pack include the supplements used in the Freiberg Study?

While it contains four of the six supplements tested in the Freiberg Study, it does not contain ProvexCV® or Recover AI™, which are believed to be major contributors to many of the heart health, metabolic, and healthy inflammation results. Those wishing to experience the results shown in the Freiberg study should upgrade to the Peak Performance Pack. Visit Melaleuca.com/peakperformanceresearch for a detailed explanation of the study and its findings.

There are so many new packs to choose from. Which pack is best for me?

Melaleuca has created a helpful resource on the Web at Melaleuca.com/whichpackisrightforyou. Featuring a chart that shows the benefits of each pack and product, this page will help you make an informed selection of the pack that fits you best.

Do I need to refrigerate the new Florify supplement?

No—refrigeration is not required.

Why is CardiOmega EPA included in the pack instead of Vitality Coldwater Omega-3®?

CardiOmega EPA has demonstrated wellness benefits everyone can use every day. Each of Melaleuca’s omega-3 supplements are designed with optimized ratios and amounts of EPA and DHA to support specific benefits in targeted areas of your health. Vitality Coldwater Omega-3 is an excellent supplement that is included in Peak Performance Brain Health and can be purchased separately for those desiring additional omega-3 benefits.*

* These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.
Who should take the Longevity 50+ pack?
As you enter your later years, chances are you are becoming more and more concerned with the effects of aging. With the addition of supplements that target specific areas related to aging, the Vitality Essential Nutrition Pack offers a host of health benefits that those 50 years or older will particularly value as they look forward to the years ahead.

How does the change in pack strategy impact the Value Pack and Home Conversion Pack?
The Value Pack now includes a certificate for a Vitality Essential Nutrition Pack in your choice of Women, Men, or Longevity 50+. The Home Conversion Pack now includes a certificate for a Peak Performance Nutrition Pack in your choice of Women, Men, or Longevity 50+.

What is the recommended daily serving of the Vitality Essential Nutrition Pack?
Take one AM packet in the morning and one PM packet in the evening, preferably with meals.

What is the maximum daily dosage?
The Vitality Essential Nutrition Pack is a dietary supplement pack. Unless otherwise directed by a healthcare professional, limit dosage to one AM and one PM packet per day.

Is the Vitality Essential Nutrition Pack gluten-free?
Yes.

Does the Vitality Essential Nutrition Pack contain any allergens?
Yes: fish oil, pineapple, and soy.

When should I take the Vitality Essential Nutrition Pack?
Suggested use: Take one AM packet in the morning and one PM packet in the evening, preferably with meals.

How many servings are in the Vitality Essential Nutrition Pack?
30 AM and 30 PM packets.

When will the Delivering Wellness be updated to include new packs?
The Delivering Wellness booklet and DVD, myMelaleuca.com, the Preferred Customer Benefit Booklet and the Power of Pacesetter brochure are now updated. Updates include new supplements and packaging changes along with Value and Home Conversion pack updates. The Melaleuca App will be updated by January 10.

When will the Membership Kits be updated with the new materials?
English Membership Kits will be updated on January 16 and Membership kits in other languages will be updated on January 26.

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