How To Find Your Skin Type

Pick the most correct answer, then go back and see which letter (either A, B, C, or D) you choose most frequently.

1. An hour after cleansing, your skin feels:
   - A Soft and smooth
   - B Dry in spots, but fine everywhere else
   - C Tight and dry all over
   - D A little oily

2. How does your skin look by midday?
   - A Fresh and clean
   - B Shiny in the T-zone (forehead, nose, and chin)
   - C Flaky patches and some redness
   - D Oily or shiny all over the face

3. Which statement best describes your skin hydration?
   - A It stays hydrated with the use of a moisturizer
   - B Dry during winter months, but normal in summer
   - C It’s dehydrated year-round
   - D It gets oily and breaks out if I use a heavy moisturizer

4. Describe your pores.
   - A Small to medium size pores
   - B Visible, mainly in the T-zone (forehead, nose, and chin)
   - C Very small or invisible pores
   - D Large, often clogged

5. How often do you break out?
   - A Almost never
   - B I have a little trouble with pimples
   - C My skin is clear
   - D Regularly

Total A: 
Total B: 
Total C: 
Total D: 

learn your skin care options

MOSTLY “A” THEN YOU HAVE NORMAL SKIN. Your skin is comfortable and clear, with only occasional signs of being dry or oily. Keep your happily balanced complexion on track with proper moisturizing and cleansing.

AM Regimen: • Hydrating Cleanser • Hydrating Toner • Advanced Revital R3 Creme or Lotion
PM Regimen: • Hydrating Cleanser • Hydrating Toner • Night Firming Treatment or Luxury Creme Concentrate

Weekly Regimen: use Complete Radiance Clay Facial Masque weekly to remove dull skin, deeply cleanse, tighten, minimize the appearance of pores, and smooth skin.

MOSTLY “B” THEN YOU HAVE COMBINATION SKIN. Your cheeks, outer forehead, and the area around your jaw are dry, while the middle of your forehead, nose, and chin are oily. You need a mix-and-match approach to skin care that will juggle the needs of your skin.

AM Regimen: • Refining Cleanser • Hydrating Toner • Advanced Revital R3 Creme or Lotion
PM Regimen: • Refining Cleanser • Hydrating Toner • Night Firming Treatment (only on dry, flaky areas) or Luxury Creme Concentrate

Weekly Regimen: use Complete Radiance Clay Facial Masque weekly to remove dull skin, deeply cleanse, tighten, minimize the appearance of pores, and smooth skin.

MOSTLY “C” THEN YOU HAVE DRY SKIN. You probably have skin that is frequently flaking. The surface is often dull, and fine lines are obvious. Dry skin is more susceptible to signs of aging and environmental damage. The right blend of moisturizing treatments will give your skin the hydration it needs.

AM Regimen: • Hydrating Cleanser • Hydrating Toner • Advanced Revital R3 Creme or Lotion or Night Firming Treatment (in winter)
PM Regimen: • Hydrating Cleanser • Hydrating Toner • Night Firming Treatment or Luxury Creme Concentrate

Weekly Regimen: use Complete Radiance Clay Facial Masque weekly to remove dull skin, deeply cleanse, tighten, minimize the appearance of pores, and smooth skin.

MOSTLY “D” THEN YOU HAVE OILY SKIN. You’re constantly blotting off shine in the bathroom and by the end of the day your skin feels oily. You have obvious pores, with frequent blockages and blemishes. But you’ve also got fewer noticeable fine lines and wrinkles, thanks to all that extra hydration. You don’t need any extra moisturization, but there are some treatments that can bring a more healthy balance to your skin.

AM Regimen: • Refining Cleanser • Clarifying Toner • Advanced Revital R3 Creme or Lotion
PM Regimen: • Refining Cleanser • Clarifying Toner • Night Firming Treatment (only on dry, flaky areas) or Luxury Creme Concentrate

Weekly Regimen: use Complete Radiance Clay Facial Masque weekly to remove dull skin, deeply cleanse, tighten, minimize the appearance of pores, and smooth skin.